

# Norwich Road Runners : Broadland Half Marathon

Sunday 16<sup>th</sup> March 2008. 10:00 am

## **PRIZE LIST : MEN**

	<b>1<sup>st</sup></b>	Guy AMOS	City of Norwich A.C.	1:12:21
	<b>2<sup>nd</sup></b>	Neil DAVISON	City of Norwich A.C.	1:14:02
	<b>3<sup>rd</sup></b>	Andrew JONES	City of Norwich A.C.	1:17:33
<b>SENIOR MEN:</b>		Robert KETT	North Norfolk Beach Runners	1:19:50
<b>MEN 40-44:</b>		Edward GREENLAND	Wymondham A.C.	1:26:46
<b>MEN 45-49:</b>		James HEATH	St Edmunds Pacers	1:23:14
<b>MEN 50-59:</b>		Richard BLAKE	Gt Yarmouth R.R.C	1:27:32
<b>MEN 60+:</b>		Michael SPRAGG	Gt Yarmouth R.R.C.	1:30:49
<b>TEAMS: SENIORS:</b>		<b>City of Norwich A.C.</b>	Neil Davison, Andrew Jones, & Brian Warden	
<b>VETERANS:</b>		<b>N. Norfolk Beach Runners</b>	Paul Muffett, John Christopher & Michael Sadler	

## **PRIZE LIST : LADIES**

	<b>1<sup>st</sup></b>	Vicky INNES	Serpentine Runners	1:30:30
	<b>2<sup>nd</sup></b>	Rose WATERMAN	City of Norwich A.C	1:32:31
	<b>3<sup>rd</sup></b>	Tanya CROFTS	Wymondham A.C.	1:35:14
<b>SENIOR LADIES:</b>		Claire DAVEY	Waveney Valley A.C.	1:36:16
<b>LADIES 35-39:</b>		Adele STACH-KEVITZ	Newham & Essex Beagles A.C.	1:38:49
<b>LADIES 40-44:</b>		Julia BROOKS	City of Norwich A.C	1:47:14
<b>LADIES 45-54:</b>		Bobbie SAUERZAPF	Bungay Black Dog	1:46:18
<b>LADIES 55+:</b>		Pauline NORMAN	Lowestoft Road Runners	1:43:40
<b>TEAMS: SENIORS:</b>		<b>N. Norfolk Beach Runners:</b>	Caroline Knowles, Clare Donavon & Louise Tiplady	
		<b>VETERANS:</b>	<b>Lowestoft Road Runners. :</b> Pauline Norman, Susanna Baker & Susan Rendell-Read	

# Broadland Half Marathon

Sunday 16 March 2008. 10:00 am

## Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
					No	Place
1	1:12:21	AMOS, Guy	City of Norwich A.C.	Men 40-44	133	1
2	1:14:02	DAVISON, Neil	City of Norwich A.C.	Senior Men	61	2
3	1:17:33	JONES, Andrew	City of Norwich A.C.	Senior Men	215	3
4	1:19:50	KETT, Robert	North Norfolk Beach Runners	Senior Men	19	4
5	1:20:19	MILLETT, Simon	Norwich Road Runners	Senior Men	174	5
6	1:23:14	HEATH, James	St Edmunds Pacers	Men 45-49	67	6
7	1:23:14	HIGHAM, Paul	Norfolk Gazelles	Senior Men	45	7
8	1:24:01	MOONEY, Iain		Senior Men	42	8
9	1:24:29	WHITE, Richard	Wymondham A.C.	Men 45-49	166	9
10	1:25:13	LARK, Shaun	Lowestoft Road Runners	Senior Men	209	10
11	1:26:15	MUFFETT, Paul	North Norfolk Beach Runners	Men 45-49	175	11
12	1:26:18	WEATHERILL, Alex		Senior Men	47	12
13	1:26:38	QUANTRILL, Phil	Gt. Yarmouth RRC	Senior Men	206	13
14	1:26:46	GREENLAND, Edward	Wymondham A.C.	Men 40-44	125	14
15	1:27:24	AVIGAD, Daniel	Serpentine Runners	Senior Men	66	15
16	1:27:32	BLAKE, Richard	Gt. Yarmouth RRC	Men 50-59	198	16
17	1:27:42	HILLIER, Neil		Senior Men	43	17
18	1:27:45	STARK, Colin	North Norfolk Beach Runners	Senior Men	44	18
19	1:27:47	PECK, Andy	Gt. Yarmouth RRC	Senior Men	213	19
20	1:28:11	RAWLINSON, Ivan	Tri-Anglia	Senior Men	57	20
21	1:28:49	CHRISTOPHER, John	North Norfolk Beach Runners	Men 40-44	116	21
22	1:29:09	MASLEN, David	Tri-Anglia	Men 40-44	128	22
23	1:29:10	CLUES, Mark	Tri-Anglia	Men 40-44	130	23
24	1:29:14	HAINES, Kieron	Norwich Road Runners	Men 50-59	188	24
25	1:30:01	HALL, Adrian		Men 40-44	123	25
26	1:30:30	INNESS, Vicky	Serpentine Runners	Senior Ladies	325	26
27	1:30:49	SPRAGG, Michael	Gt. Yarmouth RRC	Men 60+	220	27
28	1:31:18	BROWN, Mark		Senior Men	58	28
29	1:31:38	SEGER, Michael		Men 45-49	207	29
30	1:31:44	DAVIES, Mark	Bury Pacers	Senior Men	210	30
31	1:31:49	DUNCAN, Andrew	Stopsley Striders	Senior Men	39	31
32	1:32:04	RENDELL-READ, Stephen	Lowestoft Road Runners	Men 40-44	127	32
33	1:32:14	LANGTON, Chris	Reepham Runners	Men 40-44	114	33
34	1:32:31	WATERMAN, Rose	City of Norwich A.C.	Senior Ladies	328	34
35	1:32:32	ALLEN, Steve	Barnet & District A.C.	Men 50-59	177	35
36	1:32:33	HOWE, Jon	Norwich Road Runners	Men 45-49	153	36
37	1:32:45	BROOKSHAW, Paul	Gt. Yarmouth RRC	Men 45-49	148	37
38	1:32:55	CLEMENT, Leon		Senior Men	4	38
39	1:33:30	HANSON, Richard		Men 40-44	134	39
40	1:33:30	WEBSTER, Richard		Senior Men	23	40
41	1:33:38	SADLER, Micheal	North Norfolk Beach Runners	Men 40-44	204	41
42	1:33:44	CHORLEY, Chris	Bungay Black Dog A.C.	Men 45-49	146	42
43	1:34:29	DADY, Stephen		Men 50-59	185	43
44	1:34:33	KNIGHTS, Neville	Dereham Runners A.C.	Men 45-49	164	44
45	1:34:44	EMERY, Trevor	North Norfolk Beach Runners	Men 50-59	173	45
46	1:34:44	POTTER, Ben		Senior Men	38	46
47	1:35:03	LETZER, Benjamin	Coltishall Jaguars	Senior Men	17	47
48	1:35:14	CROFTS, Tanya	Wymondham A.C.	Senior Ladies	338	48
49	1:35:46	HUDSON, David	Tri-Anglia	Senior Men	142	49
50	1:36:12	CASSELS, Paul		Senior Men	20	50
51	1:36:16	DAVEY, Claire	Waveney Valley A.C.	Senior Ladies	334	51
52	1:36:27	ETHERINGTON, Stephen	Gt. Yarmouth RRC	Men 45-49	160	52
53	1:36:30	WILD, James		Senior Men	1	53
54	1:36:36	UPTON, Blaine		Men 45-49	208	54
55	1:36:49	SAUNDERS, Ian	Ryston Runners	Senior Men	9	55
56	1:36:54	MORTON, Tim	Bungay Black Dog A.C.	Men 45-49	137	56
57	1:37:13	WRIGHT, Carl		Men 45-49	147	57
58	1:37:37	WARDEN, Brian	City of Norwich A.C.	Senior Men	59	58
59	1:37:41	HEASMAN, Dave		Men 40-44	135	59
60	1:38:11	PARKER, Chris	North Norfolk Beach Runners	Senior Men	48	60
61	1:38:14	ANDERSON, Tony	Gt. Yarmouth RRC	Senior Men	65	61
62	1:38:17	WOODRUFF, Glenn		Senior Men	50	62
63	1:38:22	NICHOLS, Andrew		Senior Men	49	63
64	1:38:23	LEACH, John	North Norfolk Beach Runners	Men 45-49	165	64
65	1:38:43	KING, Andrew		Senior Men	26	65

## Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
					No	Place
66	1:38:46	CURLESS, Brent	Datchet Dashers	Men 50-59	187	66
67	1:38:49	STACH-KEVITZ, Adele	Newham & Essex Beagles A.C.	Ladies 35-39	317	67
68	1:39:21	JOHNSTONE, Craig		Senior Men	27	68
69	1:39:23	BEAUCHAMP, Gary		Men 45-49	167	69
70	1:39:37	WADE, Ian	North Norfolk Beach Runners	Men 50-59	194	70
71	1:39:45	TOBIN, Mark		Senior Men	6	71
72	1:40:01	THOMPSON, Peter	Norfolk Gazelles	Men 50-59	183	72
73	1:40:23	FRARY, Matthew		Senior Men	141	73
74	1:40:32	LIMPUS, Maree		Ladies 35-39	323	74
75	1:40:39	SPILLMAN, Matthew	Tri-Anglia	Men 40-44	131	75
76	1:41:03	FREEMAN, Dennis	City of Norwich A.C.	Men 60+	229	76
77	1:41:16	COOPER, Nigel		Men 40-44	108	77
78	1:42:07	BLATCHFORD, Ian	Ely Runners	Men 40-44	111	78
79	1:42:22	CAMPBELL, Rory	Dereham Runners A.C.	Men 45-49	170	79
80	1:42:24	WOODS, Tim		Men 45-49	120	80
81	1:42:50	HALL, Will	Tri-Anglia	Senior Men	143	81
82	1:43:03	NELSON, Julien		Men 40-44	107	82
83	1:43:08	KING, M		Men 50-59	196	83
84	1:43:14	MAHONEY, Chirs		Senior Men	140	84
85	1:43:29	MANNING, Carl	Ryston Runners	Men 45-49	161	85
86	1:43:40	NORMAN, Pauline	Lowestoft Road Runners	Ladies 55+	296	86
87	1:44:03	MAYCOCK, Melvyn		Senior Men	55	87
88	1:44:21	FOX, Colin		Senior Men	53	88
89	1:44:40	SILLETT, Graham		Men 45-49	158	89
90	1:44:48	EDGAR, Martin	Wymondham A.C.	Senior Men	28	90
91	1:45:05	HOLLINGER, Mark		Senior Men	68	91
92	1:45:12	PUGH, Malcolm		Senior Men	32	92
93	1:45:13	PUGH, Sarah		Senior Ladies	343	93
94	1:45:15	SPONG, Carole	Gt. Yarmouth RRC	Ladies 55+	285	94
95	1:45:26	DE BEST, Julian		Senior Men	11	95
96	1:45:33	GALVIN, Adrian		Men 40-44	70	96
97	1:45:37	ANTONORI, Dino	Stopsley Striders	Men 50-59	180	97
98	1:45:46	HEATH, Tony	North Norfolk Beach Runners	Men 50-59	184	98
99	1:45:55	PORTER, Mel	Coltishall Jaguars	Men 40-44	113	99
100	1:45:56	HAMMOND, Andrew		Men 50-59	193	100
101	1:46:01	STEVENS, Tracey	Wymondham A.C.	Ladies 35-39	295	101
102	1:46:03	SMITH, Mike	Wymondham A.C.	Men 60+	226	102
103	1:46:13	TYRRELL, Jonathan	Tri-Anglia	Senior Men	41	103
104	1:46:16	COX, Juliet	Wymondham A.C.	Senior Ladies	336	104
105	1:46:18	SAUERZAPF, Bobbie	Bungay Black Dog A.C.	Ladies 45-54	268	105
106	1:46:19	COBBOLD, Julian		Senior Men	33	106
107	1:46:24	GARNER, James		Senior Men	60	107
108	1:46:31	TYLER, Tony	Thetford A.C.	Men 45-49	203	108
109	1:46:37	MOULSON, Richard		Senior Men	51	109
110	1:46:44	BATCHELOR, Jon		Senior Men	37	110
111	1:46:45	BROWN, Hugh		Senior Men	46	111
112	1:46:54	WALKER, Christina	North Norfolk Beach Runners	Ladies 35-39	301	112
113	1:46:58	ELFLETT, Mark	Lowestoft Road Runners	Men 40-44	117	113
114	1:47:03	RICHARDSON, Andrew	Woodford Green A.C.	Men 50-59	222	114
115	1:47:04	DURRANT, Judith		Ladies 35-39	284	115
116	1:47:06	WAGG, Nigel	Ryston Runners	Men 40-44	132	116
117	1:47:14	BROOKS, Julia	City of Norwich A.C.	Ladies 40-44	282	117
118	1:47:15	WIMMER, Anton		Senior Men	62	118
119	1:47:25	RISBRO, Andrew		Senior Men	24	119
120	1:47:26	BEAR, Angie	Wymondham A.C.	Ladies 45-54	256	120
121	1:47:31	KELLY, Jon		Senior Men	172	121
122	1:47:52	GOODWIN, David	Gt Yarmouth & D.A.C.	Men 50-59	319	122
123	1:47:55	HILL, Nicola		Senior Ladies	345	123
124	1:48:23	KNOWLES, Caroline	North Norfolk Beach Runners	Senior Ladies	332	124
125	1:48:33	CRANE, Greg		Senior Men	214	125
126	1:48:38	SMITH, Simon		Senior Men	15	126
127	1:48:43	ENGLAND, John	Gt Yarmouth & D.A.C.	Men 60+	221	127
128	1:49:13	ROWE, Carole		Ladies 45-54	263	128
129	1:49:15	POLLETT, Derek	Springfield Striders	Men 50-59	202	129
130	1:49:16	O'CONNOR, Michael	North Norfolk Beach Runners	Men 50-59	182	130
131	1:49:36	BURROWS, Elaine	Diss A.C.	Ladies 40-44	321	131
132	1:49:42	HARBOTTLE, Keith		Men 40-44	106	132
133	1:49:56	PARKER, Jason		Senior Men	54	133
134	1:49:57	LESTER, Thomas	Ipswich JAFFA	Senior Men	36	134
135	1:50:14	WOODHOUSE, Gill	Dereham Runners A.C.	Ladies 55+	264	135

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
136	1:50:25	JONES, Howard		Men 40-44	110	136
137	1:50:34	BAKER, Susanna	Lowestoft Road Runners	Ladies 40-44	322	137
138	1:50:35	JENKINS, Colin	Newham & Essex Beagles A.C.	Men 50-59	138	138
139	1:50:42	MAN, Angela		Ladies 35-39	303	139
140	1:50:51	ODGERS, Ian	Dereham Runners A.C.	Senior Men	64	140
141	1:50:56	WALTERS, Tom		Senior Men	63	141
142	1:50:59	GROVES, Christopher		Men 50-59	197	142
143	1:51:08	DURRANT, Mark		Men 40-44	115	143
144	1:51:16	TOMLINSON, James		Senior Men	40	144
145	1:51:30	BEATTIE, Bob	Tiptree Road Runners	Men 60+	219	145
146	1:51:36	EDWARDS, Ian	Norwich Road Runners	Senior Men	144	146
147	1:52:23	LADDIMAN, Hazel	Norfolk Gazelles	Ladies 45-54	309	147
148	1:52:40	PITCHER, Emma	Grange farm & Dunmow Runners	Ladies 40-44	298	148
149	1:52:45	BUNTING, Simon	Lowestoft Road Runners	Men 40-44	121	149
150	1:52:55	LEAR, Cliff	Thetford A.C.	Men 40-44	205	150
151	1:53:11	RICHARDSON, John	Dereham Runners A.C.	Men 50-59	178	151
152	1:53:47	FLORENCE, Ann	Diss A.C.	Ladies 55+	261	152
153	1:54:02	BURRAGE, Andrew	Norfolk Gazelles	Men 50-59	195	153
154	1:54:05	FOULES, Jon		Senior Men	136	154
155	1:54:15	HILL, James		Senior Men	25	155
156	1:54:28	BRIGHT, Stephen	British Athletes Supporters Club	Men 45-49	156	156
157	1:54:37	ALLIN, Angela	Grange farm & Dunmow Runners	Ladies 35-39	305	157
158	1:55:01	ELLEN, Anne	Norfolk Gazelles	Ladies 45-54	249	158
159	1:55:03	HAYWARD, Geoff	North Norfolk Beach Runners	Men 60+	227	159
160	1:55:24	BARFIELD, Richard		Men 50-59	192	160
161	1:55:43	CHITTICK, David		Men 45-49	162	161
162	1:55:51	MILLS, Ian		Men 45-49	145	162
163	1:55:54	RASH, Nicola		Ladies 40-44	283	163
164	1:56:29	CONNAUGHTON, Michael		Senior Men	56	164
165	1:56:30	BROWNE, Simon	Stowmarket Striders	Men 45-49	150	165
166	1:56:46	THOMAS, Glyndwr		Senior Men	69	166
167	1:56:54	ROBINSON, Paul		Men 40-44	112	167
168	1:56:56	DODIMEAD, Jinny		Senior Ladies	331	168
169	1:57:05	GEDGE, Karen	Bungay Black Dog A.C.	Ladies 40-44	290	169
170	1:57:25	DONAVON, Clare	North Norfolk Beach Runners	Senior Ladies	313	170
171	1:57:43	MOORE, Cliff		Men 60+	211	171
172	1:57:44	BLAZER, Kim		Ladies 35-39	302	172
173	1:57:50	NAPTHEN, Richard		Men 45-49	168	173
174	1:57:52	OSBORNE, Andrea	North Norfolk Beach Runners	Ladies 45-54	270	174
175	1:57:58	SPILSTED, Martin		Senior Men	171	175
176	1:58:11	RENDELL-READ, Susan	Lowestoft Road Runners	Ladies 40-44	257	176
177	1:59:02	WALTERS, Katy	City of Norwich A.C.	Senior Ladies	337	177
178	1:59:10	MIDDLETON, Margaret		Ladies 45-54	291	178
179	1:59:12	PEACOCK, Rachael		Ladies 35-39	306	179
180	2:00:49	DAVIES, Tony		Men 60+	225	180
181	2:01:24	HULSE, Anne		Ladies 40-44	289	181
182	2:01:25	BURROWS, Mark		Men 40-44	119	182
183	2:01:28	KENNELLY, Julia	Wymondham A.C.	Ladies 35-39	310	183
184	2:02:05	JONES, Anna		Ladies 40-44	274	184
185	2:02:06	WILLIAMS, Samantha		Ladies 35-39	304	185
186	2:02:22	MOORE, Lynda	Norwich Road Runners	Ladies 45-54	280	186
187	2:02:24	KILLINGBECK, Tessa		Senior Ladies	335	187
188	2:02:50	RUDD, Philippa		Ladies 40-44	253	188
189	2:03:22	MIDDLETON, Charlie	Norfolk Gazelles	Men 40-44	122	189
190	2:03:29	ROLPH, Patrick		Men 45-49	154	190
191	2:03:48	TIPLADY, Louise	North Norfolk Beach Runners	Senior Ladies	350	191
192	2:04:34	PROFFITT, Edward		Senior Men	16	192
193	2:04:48	PARKER, Adam		Senior Men	29	193
194	2:06:04	RICKETT, Jane		Ladies 40-44	314	194
195	2:06:05	ARCHER, Lynn		Ladies 45-54	315	195
196	2:07:29	PACEY, Angela	Gt. Yarmouth RRC	Ladies 55+	273	196
197	2:08:03	HADDOW, Ross	North Norfolk Beach Runners	Men 50-59	201	197
198	2:08:17	SMITH, Sheila		Ladies 55+	292	198
199	2:08:43	RADFORD GORE, Thirza	Norfolk Gazelles	Ladies 45-54	278	199
200	2:08:45	GRAVELING, Anne		Ladies 55+	252	200
201	2:08:45	HUNT, Helen	Norfolk Gazelles	Ladies 40-44	254	201
202	2:08:46	PUGH, David		Men 60+	218	202
203	2:09:25	MOORE, Brian	Norwich Road Runners	Men 50-59	181	203
204	2:09:48	TOMLINSON, Chris		Senior Men	12	204
205	2:10:38	KHUMALO, Busisine	Eastern Vets A.C.	Ladies 40-44	275	205

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
206	2:10:59	FURNISS, Joel		Senior Men	7	206
207	2:11:59	LIDSTER, Becky		Senior Ladies	329	207
208	2:13:01	DAVIS, Kerry	Tri-Anglia	Ladies 35-39	308	208
209	2:13:28	BRITCHER, Samantha		Senior Ladies	316	209
210	2:13:29	MOULSON, Nikki		Senior Ladies	318	210
211	2:13:30	DURRANT, Matthew		Senior Men	212	211
212	2:14:21	GUYTON, Teresa		Ladies 45-54	231	212
213	2:16:27	BRAAT, Lisa	Lowestoft Road Runners	Senior Ladies	333	213
214	2:17:27	ATKINSON, Sue	Norfolk Gazelles	Ladies 55+	267	214
215	2:18:58	HALLS, Martin		Senior Men	3	215
216	2:19:20	ROGERS, Rosie	Norfolk Gazelles	Ladies 45-54	272	216
217	2:19:56	NICHOLLS, Sally	Bungay Black Dog A.C.	Ladies 45-54	297	217
218	2:19:57	LEES, Ivan	Bungay Black Dog A.C.	Men 50-59	190	218
219	2:20:14	McCULLOCH, Jane		Ladies 45-54	258	219
220	2:21:29	LIMEHOUSE, Gary		Men 45-49	152	220
221	2:22:53	PRICE, Bob		Men 50-59	199	221
222	2:24:05	JACK, Bob	Bungay Black Dog A.C.	Men 45-49	159	222
223	2:28:46	RENSHAW, Diane	Dereham Runners A.C.	Ladies 45-54	250	223
224	2:28:51	PROTHEROE, Sally Ann	Lowestoft Road Runners	Ladies 45-54	260	224
225	2:30:54	ABIGAIL, Kathryn		Ladies 35-39	300	225
226	2:31:10	MANN, Mark		Senior Men	18	226
227	2:31:34	DAGLESS, Karren	Norwich Road Runners	Ladies 40-44	287	227
228	2:33:37	ALLEN, Melanie	Norwich Road Runners	Senior Ladies	340	228
229	2:39:07	VISSER, Jill		Ladies 45-54	324	229
230	2:40:19	DENZEY, Clare	Norwich Road Runners	Senior Ladies	349	230
231	2:45:16	READER, Frank	Norwich Road Runners	Men 60+	223	231
232	2:45:58	JARREY, Chris	Malvern Joggers	Men 45-49	139	232
233	2:46:58	COPELAND, Maurice	North Norfolk Beach Runners	Men 60+	230	233
234	2:56:25	FARROW, Rozina		Senior Ladies	320	234

There were 234 finishers in the All Competitors category.

Don't forget....

The Wroxham 5Km Series Races are on WEDNESDAY'S

i.e. 28<sup>th</sup> May, 25<sup>th</sup> June & 20<sup>th</sup> August 2008