

Norwich Road Runners : Broadland Half Marathon

Sunday 19 March 2006. 10:00 am

PRIZE LIST : MEN

SENIOR MEN:	1 ST	Daniel MERCKEL	Oxford City A.C.	1:12:46
	2 nd	Craig HOPKINS	City of Norwich A.C.	1:14:13
	3 rd	Andrew JONES	City of Norwich A.C.	1:14:17
MEN 40-44:		Nigel JACKSON	Lowestoft Road Runners	1:16:20
MEN 45-49:		Kevin HOWLETT	Ryston Runners.	1:26:41
MEN 50-59:		Colin Arnold	St Edmunds Pacers	1:21:30
MEN 60+:		Ian BARBER	Waveney Valley A.C.	1:27:42
TEAMS:	SENIORS:	Norwich Road Runners	Mark Betts, Paul Freeman & Nils Van Minden	
	VETERANS:	City of Norwich A.C.	Richard Sales, Vince Ellis & Graham Collins	

PRIZE LIST : LADIES

SENIOR LADIES:	Louise PETERS	Stopsley Striders	1:29:11	
	Claire DAVEY	Waveney Valley A.C.	1:30:03	
	Racheal LEATHWOOD	Reepham Runners	1:34:13	
LADIES 35-39 & <u>1st LADY:</u>	Marion McCALL	St Edmunds Pacers	1:28:14	
LADIES 40-44:	Helen MATHEWS	U/A.	1:29:23	
LADIES 45-54:	Yvonne PARKER	Road Runners Club.	1:40:09	
LADIES 55+:	Pauline NORMAN	Lowestoft Road Runners	1:40:47	
TEAMS:	SENIORS:	City of Norwich: A.C.	Ellie Mathews, Donna Armstrong & Liz Kimbley	
	VETERANS:	Bungay Black Dog:	Bobbie Sauerzapf, Sally Nichols & Susan Mathews	

Broadland Half Marathon

Sunday 19 March 2006. 10:00 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:12:46	MERCKEL, Daniel	Oxford City A.C.	Senior Men	359	1
2	1:14:13	HOPKINS, Craig	City of Norwich A.C.	Senior Men	371	2
3	1:14:17	JONES, Andrew	City of Norwich A.C.	Senior Men	594	3
4	1:16:08	SAXBY, Simon	Cleethorpes & District	Senior Men	302	4
5	1:16:20	JACKSON, Nigel	Lowestoft Road Runners	Men 40-44	395	5
6	1:17:25	TAYLOR, Andy	St Edmunds Pacers	Senior Men	323	6
7	1:17:25	GLAYSHER, Stephan		Men 40-44	377	7
8	1:20:50	BETTS, Mark	Norwich Road Runners	Senior Men	348	8
9	1:20:53	FREEMAN, Paul	Norwich Road Runners	Senior Men	370	9
10	1:21:02	TUTTLE, Peter	Norwich Road Runners	Men 40-44	375	10
11	1:21:05	SALES, Richard	City of Norwich A.C.	Men 40-44	833	11
12	1:21:30	ARNOLD, Colin	St Edmunds Pacers	Men 50-54	485	12
13	1:22:46	MERRYLEES, Chris	North Norfolk Beach Runners	Senior Men	591	13
14	1:22:53	PARFITT, Kevin	North Norfolk Beach Runners	Men 40-44	584	14
15	1:23:05	JAMES, David		Men 50-54	596	15
16	1:23:29	HILL, Ray	Ipswich Jaffa	Men 55-59	488	16
17	1:25:13	GOODFELLOW, Chris		Senior Men	766	17
18	1:25:20	SIBLEY, Neil	Gt. Yarmouth RRC	Men 40-44	393	18
19	1:25:33	LEDWARD, Dave	Tri-Anglia	Senior Men	809	19
20	1:25:49	SPRAGG, Michael	Gt. Yarmouth RRC	Men 55-59	479	20
21	1:26:01	BARNARD, Kristin	Wymondham A.C.	Senior Men	358	21
22	1:26:08	HOOK, John	Waveney Valley A.C.	Men 40-44	768	22
23	1:26:22	ELLIS, Vince	City of Norwich A.C.	Men 50-54	807	23
24	1:26:41	HOWLETT, Kevin	Ryston Runners	Men 45-49	427	24
25	1:26:50	CARR, Joe		Senior Men	709	25
26	1:26:51	VAN MINDEN, Nils	Norwich Road Runners	Senior Men	354	26
27	1:26:57	CLARKE, Russell	Wymondham A.C.	Men 45-49	411	27
28	1:27:05	CROUCHER, Antony	Gt. Yarmouth RRC	Senior Men	595	28
29	1:27:13	HEDGES, Clive	North Norfolk Beach Runners	Men 45-49	421	29
30	1:27:23	NELSON, Peter		Senior Men	824	30
31	1:27:42	BARBER, Ian	Waveney Valley A.C.	Men 60+	498	31
32	1:28:06	CANHAM, Paul	Stowmarket Striders	Senior Men	335	32
33	1:28:10	WESTON, John	Ipswich Jaffa	Men 45-49	767	33
34	1:28:13	PURDY, Vincent	North Norfolk Beach Runners	Senior Men	361	34
35	1:28:14	McCALL, Marion	St Edmunds Pacers	Ladies 35-39	437	35
36	1:28:19	HAINES, Kieron	Norwich Road Runners	Men 50-54	446	36
37	1:29:11	PETERS, Louise	Stopsley Striders	Senior Ladies	96	37
38	1:29:23	MATHEWS, Helen		Ladies 40-44	593	38
39	1:30:03	DAVEY, Claire	Waveney Valley A.C.	Senior Ladies	771	39
40	1:30:18	ALLEN, Steve	Barnet & District A.C.	Men 45-49	422	40
41	1:30:26	SEMMENCE, Philip	Norwich Road Runners	Senior Men	350	41
42	1:30:28	COLLINS, Graham	City of Norwich A.C.	Men 50-54	453	42
43	1:30:34	McQUILLIN, Ben	Reepham Runners	Senior Men	367	43
44	1:30:42	EMERY, Trevor	North Norfolk Beach Runners	Men 50-54	456	44
45	1:30:48	KELF, Jason	Norfolk Gazelles	Senior Men	576	45
46	1:30:49	BRYANT, Andrew	Saffron Striders	Men 40-44	484	46
47	1:31:13	MUFFETT, Paul		Men 45-49	786	47
48	1:31:33	ADCOCK, Trevor	Norfolk Gazelles	Men 55-59	480	48
49	1:31:34	LANSDHELL, Jeff	Wymondham A.C.	Senior Men	365	49
50	1:31:40	ROGERS, Nigel		Senior Men	321	50
51	1:31:49	HOLMES, Graham		Men 55-59	464	51
52	1:31:52	ROBINSON, Stephen	Norfolk Gazelles	Men 40-44	400	52
53	1:32:14	JOHNSON, Bill	Redhill Runners	Men 60+	494	53
54	1:32:17	MUSTON, Nicholas		Senior Men	301	54
55	1:32:38	BURTON, John	City of Norwich A.C.	Men 55-59	469	55
56	1:32:46	MOORE, Ian		Senior Men	305	56
57	1:32:52	BRITTAIN, Christopher	Road Runners Club	Men 50-54	451	57
58	1:33:08	PLACKETT, Stephen	Reepham Runners	Men 40-44	406	58
59	1:33:13	DAVIS, Darryl	City of Norwich A.C.	Senior Men	575	59
60	1:33:22	ALDIS, David	City of Norwich A.C.	Men 55-59	474	60
61	1:33:23	BONE, John	Gt. Yarmouth RRC	Men 55-59	823	61
62	1:33:42	GOOCH, Roger	Norfolk Gazelles	Men 50-54	471	62
63	1:33:53	EVANS, Paul	Gt. Yarmouth RRC	Men 50-54	457	63
64	1:34:13	LEATHWOOD, Rachael	Reepham Runners	Senior Ladies	658	64
65	1:34:23	HAYES, Julian		Senior Men	341	65
66	1:35:15	PETTIT, Stephen		Men 40-44	382	66
67	1:35:34	BAINGER, Graham	Norwich Road Runners	Men 50-54	800	67
68	1:35:36	CRANE, Alison	Norfolk Gazelles	Ladies 35-39	846	68
69	1:36:20	ADAMS, Geoff	Wymondham A.C.	Men 50-54	812	69
70	1:36:33	YOUNGMAN, Yvonne	Norfolk Gazelles	Senior Ladies	654	70

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
					No	Place
71	1:36:39	JEFFERY, Cath	St Edmunds Pacers	Senior Ladies	87	71
72	1:36:44	SMITH, Mike	Wymondham A.C.	Men 60+	499	72
73	1:36:45	TAYLOR, Clare	St Edmunds Pacers	Senior Ladies	89	73
74	1:36:51	DYE, Richard	Bungay Black Dog A.C.	Men 40-44	399	74
75	1:36:53	GAY, Christopher	Gt Yarmouth & D.A.C.	Men 40-44	374	75
76	1:36:55	WOODS, Tim		Men 40-44	392	76
77	1:37:16	GODDARD, Peter		Men 50-54	470	77
78	1:37:32	GOODWIN, David	Gt Yarmouth & D.A.C.	Men 45-49	801	78
79	1:37:39	PLAYER, Ben		Senior Men	363	79
80	1:37:40	LEVETT-PRINSEP, Richard	City of Norwich A.C.	Senior Men	315	80
81	1:37:56	HORNSEY, Michael		Senior Men	318	81
82	1:38:34	SALMON, Andy		Men 40-44	840	82
83	1:38:40	EDMUNDS, Peter		Men 55-59	597	83
84	1:38:43	ROTEM, Omer		Senior Men	342	84
85	1:38:44	HAYWARD, Geoff	North Norfolk Beach Runners	Men 60+	500	85
86	1:38:47	SAUNDERS, Mark		Senior Men	372	86
87	1:38:58	BYE, Barry	Ryston Runners	Men 55-59	478	87
88	1:39:08	MATHEWS, Ellie	City of Norwich A.C.	Senior Ladies	656	88
89	1:39:09	WAKE, Polly	Norwich Road Runners	Senior Ladies	657	89
90	1:39:17	HENERY, Catherine		Ladies 40-44	841	90
91	1:39:25	PETTER CAMPBELL, Emma	Dereham A.C.	Ladies 35-39	788	91
92	1:39:32	HAYNES, Mark	Coltishall Jaguars	Senior Men	338	92
93	1:39:38	MASON, Shawn	Gt Yarmouth & D.A.C.	Senior Men	769	93
94	1:40:09	PARKER, Yvonne	Road Runners Club	Ladies 45-54	160	94
95	1:40:39	APPLEGATE, Mathew		Senior Men	373	95
96	1:40:42	THROWER, Nigel		Senior Men	313	96
97	1:40:45	WHITE, Louise	Wymondham A.C.	Senior Ladies	810	97
98	1:40:47	NORMAN, Pauline	Lowestoft Road Runners	Ladies 55+	673	98
99	1:40:55	EKE, Shane		Senior Men	310	99
100	1:40:56	SAYLE, Roger	Ryston Runners	Men 40-44	385	100
101	1:41:02	GOWING, Peter	Reepham Runners	Senior Men	346	101
102	1:41:10	MANLY, Veronica	Wymondham A.C.	Ladies 55+	586	102
103	1:41:13	HEMPSTEAD, Barry	Eastern Vets A.C.	Men 60+	590	103
104	1:41:19	HEATH, Tony	North Norfolk Beach Runners	Men 55-59	467	104
105	1:41:30	BUSH, Heather		Senior Ladies	487	105
106	1:41:48	SPRUCE, Noel	North Norfolk Beach Runners	Men 60+	489	106
107	1:41:58	ALDRED, Peter		Senior Men	592	107
108	1:42:17	JOHNSON, Iain	Deal Tri Club	Senior Men	580	108
109	1:42:19	JONES, Howard		Men 40-44	394	109
110	1:42:25	LUBBOCK, David	City of Norwich A.C.	Men 40-44	388	110
111	1:42:26	DOMINIC, Lacy		Senior Men	578	111
112	1:42:39	LEWIS, Paul		Senior Men	357	112
113	1:42:56	BOWDEN, Nicholas	Reepham Runners	Men 50-54	468	113
114	1:43:04	FRASER, Alec	North Norfolk Beach Runners	Men 60+	491	114
115	1:43:21	TURNBULL, Charlie		Senior Ladies	82	115
116	1:43:24	HUMPHREYS, Jon		Men 45-49	413	116
117	1:43:48	JEFFERY, Ben		Senior Men	319	117
118	1:44:15	COLMAN, Mark	Norfolk Gazelles	Senior Men	322	118
119	1:44:17	FIRTH, Daniel		Senior Men	700	119
120	1:44:24	OLDMAN, Peter	Eastern Vets A.C.	Men 60+	496	120
121	1:44:33	THOMAS, Neil	Islwyn Running Club	Senior Men	300	121
122	1:44:38	BARBER, Jon		Senior Men	705	122
123	1:44:42	FELLINGHAM, Richard	Stowmarket Striders	Men 55-59	830	123
124	1:44:52	WARD, Geoff		Men 50-54	447	124
125	1:45:22	PENN, Graham	Coltishall Jaguars	Men 50-54	454	125
126	1:45:24	POLLETT, Derek	Springfield Striders	Men 50-54	459	126
127	1:45:24	BELL, David		Senior Men	344	127
128	1:45:26	DOWNING, Terry	Saffron Striders	Men 50-54	472	128
129	1:45:26	JOHNSTONE, Craig		Senior Men	351	129
130	1:45:28	ALDIS, Gary		Men 45-49	579	130
131	1:45:31	BUCKLEY, Jason		Senior Men	708	131
132	1:45:37	BARNARD, Stuart		Senior Men	486	132
133	1:45:39	FOX, Colin		Senior Men	311	133
134	1:45:51	PROFFITT, Edward		Senior Men	328	134
135	1:46:09	SMITH, Michael	Wymondham A.C.	Men 60+	813	135
136	1:46:24	TOLAN, Keith		Men 50-54	465	136
137	1:46:47	MARSEILLE, Eric		Senior Men	353	137
138	1:46:51	ARMSTRONG, Donna	City of Norwich A.C.	Senior Ladies	94	138
139	1:46:52	POLLEY, Richard	City of Norwich A.C.	Men 45-49	414	139
140	1:47:00	GOODLEY, Heloise	Thames Hare & Hounds	Senior Ladies	91	140

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
					No	Place
141	1:47:15	ROBERTS, Neil	Stratton Striders	Men 45-49	803	141
142	1:47:17	DAKIC, Ljiljana		Senior Ladies	481	142
143	1:47:17	HARDING, Mark		Senior Men	482	143
144	1:47:19	HAMES, Richard	Stratton Striders	Men 50-54	466	144
145	1:47:39	ODGERS, Ian		Senior Men	330	145
146	1:47:52	KIMBLEY, Liz	City of Norwich A.C.	Senior Ladies	85	146
147	1:47:54	CHEN, Tim		Senior Men	831	147
148	1:47:58	STEEL, Graham		Men 45-49	416	148
149	1:48:07	MILLS, Lorraine	Stowmarket Striders	Senior Ladies	429	149
150	1:48:08	TSAVALOS, John		Senior Men	356	150
151	1:48:20	GREASLEY, Lucinda		Senior Ladies	442	151
152	1:48:21	WARREN, Kerry		Senior Men	362	152
153	1:48:22	CROWE, Wayne		Senior Men	343	153
154	1:48:24	DILREW, David		Men 50-54	704	154
155	1:48:41	ARMOUR, Chloe		Senior Ladies	655	155
156	1:48:53	BASHAM, Leslie	Stowmarket Striders	Men 55-59	473	156
157	1:49:02	CHASE, James		Men 40-44	706	157
158	1:49:12	ROSE, Nick		Men 40-44	843	158
159	1:49:25	SILLETT, Graham		Men 45-49	426	159
160	1:49:35	PUGH, Malcolm		Senior Men	340	160
161	1:49:36	HILL, Sarah		Senior Ladies	251	161
162	1:49:37	PLUNKETT, Jonathan		Senior Men	337	162
163	1:49:38	CRANE, Sharn		Senior Ladies	92	163
164	1:49:52	MOODY, Ian		Men 40-44	402	164
165	1:49:59	LAURIER, Phillip	Lowestoft Road Runners	Men 55-59	476	165
166	1:50:12	CHORLEY, Chris	Bungay Black Dog A.C.	Men 40-44	384	166
167	1:50:31	DURRANT, Judith		Ladies 35-39	198	167
168	1:50:33	BROOKES, Paul	Ipswich Jaffa	Senior Men	352	168
169	1:50:36	MANNING, Karen	Gt. Yarmouth RRC	Ladies 35-39	193	169
170	1:50:36	PECK, Andy	Gt. Yarmouth RRC	Senior Men	324	170
171	1:50:58	BAKER, Nicky	Norwich Road Runners	Senior Ladies	581	171
172	1:50:59	LADDIMAN, Peter	Norfolk Police A.C.	Men 45-49	845	172
173	1:51:16	RICHARDSON, Alan	Waveney Valley A.C.	Men 55-59	461	173
174	1:51:18	HAVERSON, Quinton		Senior Men	332	174
175	1:51:30	WILLSON, David		Men 40-44	408	175
176	1:51:40	SEABROOK, Joe		Men 60+	495	176
177	1:51:43	JONES, Gwtneith		Ladies 45-54	583	177
178	1:51:43	ROWE, Carole		Ladies 40-44	192	178
179	1:51:45	HOBBS, Simon		Senior Men	366	179
180	1:52:52	SAUERZAPF, Bobbie	Bungay Black Dog A.C.	Ladies 45-54	156	180
181	1:52:57	PATIENCE, Kevin		Men 40-44	401	181
182	1:53:00	GHEYI, Sanjay	Tri-Anglia	Men 40-44	390	182
183	1:53:04	WHITMARSH, Lorraine	City of Norwich A.C.	Senior Ladies	83	183
184	1:53:40	FAIRWEATHER, Sharon		Senior Ladies	86	184
185	1:53:46	ROTEM, Nancy		Senior Ladies	254	185
186	1:53:49	DAVIS, Judi	Wymondham A.C.	Ladies 40-44	574	186
187	1:53:51	COOK, Jayne		Ladies 40-44	409	187
188	1:53:56	CHASE, Daniel		Senior Men	707	188
189	1:53:58	MANNION, Jenne		Ladies 35-39	436	189
190	1:54:12	JUHOLA, Sirkku		Senior Ladies	699	190
191	1:54:33	BROWNE, Simon	Stowmarket Striders	Men 45-49	424	191
192	1:54:49	DOLLMAN, Rosanna		Senior Ladies	787	192
193	1:54:54	GETLIFFE, Martin		Men 50-54	588	193
194	1:54:55	DREWITT, David	Gt Yarmouth & D.A.C.	Men 55-59	463	194
195	1:55:28	FORRESTER, George		Men 60+	492	195
196	1:55:29	DICKENS, Keith	North Norfolk Beach Runners	Men 50-54	785	196
197	1:55:43	HOULDER, Sophie		Senior Ladies	417	197
198	1:56:29	HARVEY, Michael	North Norfolk Beach Runners	Men 50-54	444	198
199	1:56:34	KENNELLY, Julia	Wymondham A.C.	Senior Ladies	419	199
200	1:56:45	HOWE, David		Men 55-59	475	200
201	1:57:13	ALLEN, Kerry Lee		Senior Ladies	88	201
202	1:57:17	ASHFORD, Martin		Men 55-59	822	202
203	1:57:31	WARBOYS, Pip	Mid Essex Casuals	Men 55-59	842	203
204	1:57:34	TODD, Richard		Senior Men	345	204
205	1:57:35	MOORE, Juliet	Wymondham A.C.	Senior Ladies	814	205
206	1:57:38	GREEN, Kathryn		Ladies 40-44	189	206
207	1:57:46	DENNIS, Catherine		Senior Ladies	802	207
208	1:58:03	NICHOLLS, Sally	Bungay Black Dog A.C.	Ladies 45-54	253	208
209	1:58:04	MIDDLETON, Charlie	Norfolk Gazelles	Men 40-44	808	209
210	1:58:18	WHITE, Glynn		Men 45-49	789	210

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
					No	Place
211	1:58:36	EGMORE, Jenni	Reepham Runners	Ladies 35-39	197	211
212	1:58:37	BROWN, Sarah		Ladies 35-39	190	212
213	1:58:40	WARREN, Peter	Dulwich Runners	Men 50-54	448	213
214	1:59:09	LEES, Ivan	Bungay Black Dog A.C.	Men 45-49	425	214
215	1:59:10	EVANS, Gary		Senior Men	326	215
216	1:59:30	HAMMOND, Andrew		Men 50-54	445	216
217	1:59:38	FLOWER, Michael	Norfolk Police A.C.	Senior Men	364	217
218	1:59:39	WHITE, Theresa	Norwich Road Runners	Senior Ladies	194	218
219	1:59:40	HOULDER, Alice		Senior Ladies	418	219
220	1:59:41	HINTON, Steve	Tickhill Running & A.C.	Men 50-54	458	220
221	1:59:42	BLOWERS, Aaron		Senior Men	312	221
222	2:00:07	WHITE, Anthony	Norwich Road Runners	Men 55-59	599	222
223	2:00:07	NAITO, Daiji		Senior Men	329	223
224	2:00:47	INGRAM, Stewart	Diss A.C.	Men 50-54	772	224
225	2:00:59	FREEMAN, Kirk		Senior Men	327	225
226	2:01:16	DUDLEY, Adrian		Senior Men	333	226
227	2:01:17	MAST, Clive		Senior Men	360	227
228	2:01:18	ANDREWS, Mandy	Thetford A.C.	Ladies 40-44	187	228
229	2:01:18	STEWART, Amy	Thetford A.C.	Senior Ladies	84	229
230	2:01:46	SPINKS, Roger	Ipswich Jaffa	Men 60+	589	230
231	2:01:56	BIRD, Russell	Norfolk Gazelles	Men 45-49	441	231
232	2:01:58	McKINNA, Simon		Senior Men	325	232
233	2:02:04	BARLOW, Kate	Wymondham A.C.	Ladies 45-54	844	233
234	2:02:05	BRITT, Tony		Men 50-54	452	234
235	2:02:17	BURRAGE, Andrew	Norfolk Gazelles	Men 50-54	443	235
236	2:02:23	ROSE, David		Men 40-44	383	236
237	2:02:32	READER, Paul		Men 40-44	381	237
238	2:02:38	DAVIES, Steve		Senior Men	307	238
239	2:04:02	HILL, James		Senior Men	369	239
240	2:04:05	CRAINE, Lorraine	Dereham A.C.	Ladies 35-39	294	240
241	2:04:06	BISHOP, Clare	Garden City Joggers	Senior Ladies	90	241
242	2:04:22	HARGADON, Sue	Ipswich Tri Club	Ladies 45-54	439	242
243	2:04:30	BLOOMFIELD, Christine		Ladies 45-54	698	243
244	2:04:32	MARTIN, Mike	Brandon Fern Hoppers	Men 55-59	460	244
245	2:04:49	JAMES, Tim		Senior Men	368	245
246	2:04:57	HARRISON, Peter	Gt. Yarmouth RRC	Men 55-59	450	246
247	2:05:02	BOYES, Chris		Men 55-59	770	247
248	2:05:22	BUNTING, Karen		Ladies 35-39	702	248
249	2:05:23	BUNTING, Simon		Men 40-44	701	249
250	2:05:28	DAVIES, Ruth		Ladies 35-39	257	250
251	2:05:28	DAVIES, Andrew		Men 40-44	389	251
252	2:05:32	DYE, Stephen		Senior Men	336	252
253	2:05:36	LOWTHER, Sue	Bungay Black Dog A.C.	Senior Ladies	415	253
254	2:05:58	MATHEWS, Susan	Bungay Black Dog A.C.	Ladies 45-54	430	254
255	2:06:19	BARTON, Frances	Norfolk Gazelles	Ladies 45-54	258	255
256	2:06:20	AMOS, Andrea		Senior Ladies	379	256
257	2:06:21	TODD, Lucy		Senior Ladies	378	257
258	2:06:23	GERAGHTY, Charmaine	Stowmarket Striders	Senior Ladies	431	258
259	2:06:38	TOOK, Josie		Senior Ladies	72	259
260	2:06:55	LOWTHER, Mark	Bungay Black Dog A.C.	Men 40-44	405	260
261	2:07:44	TOOK, Christopher		Senior Men	295	261
262	2:07:52	SEWELL, Helen	Ryston Runners	Ladies 55+	196	262
263	2:08:16	HARVEY, Paul	North Norfolk Beach Runners	Men 45-49	598	263
264	2:08:17	COX, Natasha		Senior Ladies	95	264
265	2:08:39	APPLETON, Katy	City of Norwich A.C.	Senior Ladies	78	265
266	2:08:59	BROOKS, Debbie	Reepham Runners	Ladies 40-44	811	266
267	2:08:59	JORDAN, Catherine	Norfolk Gazelles	Ladies 45-54	249	267
268	2:09:30	MORTON, Claire		Senior Ladies	587	268
269	2:10:29	GILLIE, Sheila	Norwich Road Runners	Ladies 45-54	834	269
270	2:10:30	STARLING, Jacqueline		Ladies 40-44	773	270
271	2:10:33	BRANSCOMBE, Karen		Senior Ladies	428	271
272	2:10:48	BENJAMINSEN, Tor		Men 45-49	412	272
273	2:10:56	BURDETT, Sara		Ladies 45-54	256	273
274	2:11:23	WILSON, Mandy		Ladies 40-44	404	274
275	2:11:56	COPELAND, Jill		Ladies 45-54	432	275
276	2:12:05	LAWRENCE, Julie		Ladies 45-54	293	276
277	2:12:12	GILL, Joan	Ryston Runners	Ladies 55+	195	277
278	2:13:07	PAYNE, Jenny		Ladies 45-54	155	278
279	2:13:33	FOLKARD, Jonathan	North Norfolk Beach Runners	Men 40-44	407	279
280	2:14:07	HARRIS, Hilary	Riverside Runners St Neots	Ladies 40-44	272	280

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
281	2:14:07	FITT, Dawn	Riverside Runners St Neots	Ladies 35-39	271	281
282	2:14:44	TREACHER, Helen	Norfolk Gazelles	Ladies 35-39	435	282
283	2:14:52	RADFORD GORE, Thirza	Road Runners Club	Ladies 45-54	199	283
284	2:15:27	BOND, Mitzy		Ladies 40-44	582	284
285	2:16:49	BLOXHAM, Hannah		Senior Ladies	80	285
286	2:19:08	GODDARD-GAZE, Kim		Ladies 35-39	255	286
287	2:19:24	EAVES, Laura		Senior Ladies	765	287
288	2:19:25	DILREW, Julie		Ladies 45-54	703	288
289	2:20:05	PAYNE, Robert		Men 50-54	455	289
290	2:20:15	PITMAN, Steve		Senior Men	303	290
291	2:21:45	MARTIN, Barry		Men 40-44	396	291
292	2:22:08	TAYLOR, Jenny		Senior Ladies	74	292
293	2:26:45	POPP, George		Men 45-49	423	293
294	2:30:16	MILLER, Lou		Men 60+	497	294
295	2:30:16	COPELAND, Maurice	North Norfolk Beach Runners	Men 60+	493	295
296	2:34:37	READER, Frank	Norwich Road Runners	Men 55-59	832	296
297	2:35:50	SMITH, Shena	Stowmarket Striders	Ladies 35-39	774	297
298	2:37:13	JACK, Bob	Bungay Black Dog A.C.	Men 45-49	420	298
299	2:38:13	HAGGARTY, Elaine	Gt Yarmouth & D.A.C.	Ladies 45-54	440	299
300	2:42:58	UREN, Lucy		Ladies 40-44	191	300
301	3:11:10	RICHARDS, Matt		Senior Men	577	301

There were 301 finishers in the All Competitors category.